Why a Spinal Cord Injury/Dysfunction Primary Care Clinic?
To promote health, independence, quality of life, and productivity of individuals with spinal cord injury or dysfunction (SCI/D).

How do we do this?
The types of care provided are:
- Medical and Surgical Care
- Veteran and Family Education
- Psychological
- Social
- Vocational and Recreational

How do you benefit?
Your needs, plans and hopes are addressed by a caring, well-trained team of professionals.

Who is eligible?
Any veteran eligible for care at the medical center with a spinal cord injury or dysfunction is eligible for care in the SCI/D primary care clinic.

Where is the SCI/D Primary Care Clinic?
The SCI/D primary care clinic is located on the third floor in Building 12, (Community Living Center). Turn left when getting off the elevator and continue ahead, past the nurses station – you will see a sign identifying the clinic and the Check in area (Room C-311).

How do I access care in the SCI/D clinic?
To enroll in the clinic please contact Heather Kerndt, LISW, Spinal Cord Injury Coordinator.

Call 515-699-5999 or 1-800-294-8387, press 9 and extension 4369 or pager 13-457

After enrollment, make appointments by calling extension 515-699-5999; ext. 9-2132
Will I see the same providers each visit?

In the primary care clinic, the same team of professionals will manage your health care.

The Primary SCI/D Team:

SCI/D Medical Support Assistant: 515-699-5999; ext. 9-2132
Sara Overton

SCI/D Nurse: Ext. 9-2137
SCI/D Social Worker: Ext. 9-4369
Heather Kerndt, LISW

SCI/D Primary Care Provider: Ext. 9-2131
Dr. Susan Espeland

SCI/D Therapists: 515-699-4688
Tim Lundberg, PT, DPT
Physical Therapist

Sarah Olson, MOT, OTR/L: Ext. 4781
Occupational Therapist

Speech therapists: 515-699-5741
Jamie Flatness, MA, CCC-SLP
Jodie Roesler, MA, CCC-SLP

SCI/D Dietician: Ext. 9-3201
Codie Schneider, RD

Recreational Therapist:
Joyce Ellens-Ext. 9-4939

For more information about enrolling in SCI Primary Care Clinic, please call:

Heather Kerndt, LISW
SCI Coordinator
515-699-5999 or 1-800-294-8387
Press 9 and extension 4369

Spinal Cord Injury and Dysfunction SCI/D Primary Care Clinic

VA Central Iowa Health Care System
Des Moines & Knoxville
Mason City & Ft. Dodge
Marshalltown & Carroll

VA Central Iowa
Health Care System
SCI/D Primary Care Clinic
3600 30th Street
Des Moines, IA 50310-5885

Please Call 515-699-5999; x9-2132
To schedule or cancel appointments

Approved by Spinal Cord Clinic