

Advance Care Planning Group Visit

Join us to learn more about how to best prepare for future medical decisions!

When should I consider taking part in an advance directive discussion?

- *If you are an adult of any age
- *After the loss of family or a friend
- *After a change in marital status
- *After any significant diagnosis or change in your health status



Having conversations about your wishes for future care and who can make decisions on your behalf may be uncomfortable; but these discussions will help to ensure that you are cared for as you wish when you are unable to speak for yourself. Your loved ones and providers will better understand what matters most to you. This is a free service to the Veteran and family. Register by contacting Sara Gustason at 515-699-5531.



VA Central Iowa Health Care System
Social Work Service
3600 30th Street
Des Moines, IA 50310