

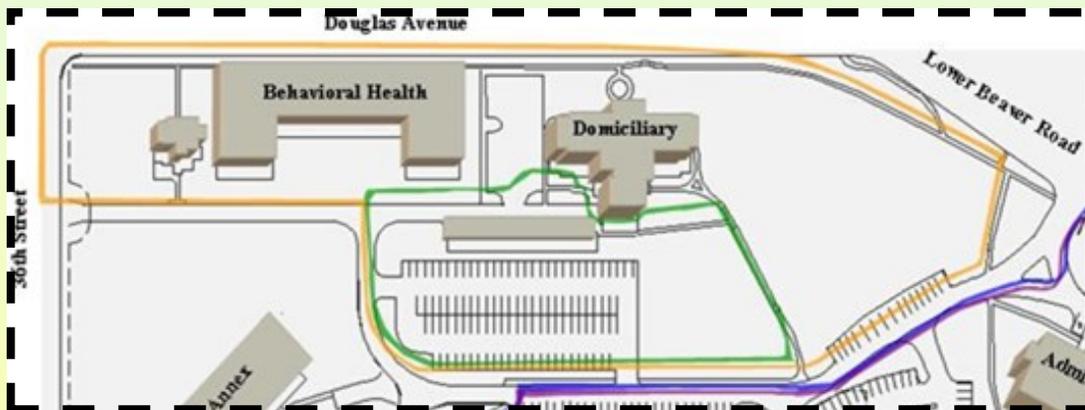


# WALK-N ROLL Health Fair

**When:** May 18th, 2016— 10 a.m. to 2 p.m.

**Where:** VACIHCS Des Moines Campus, Main Lobby,  
Front lawns, and Walking Course

**Why:** To promote wellness and support our Homeless  
Veteran Program



*VA2K is a free event to promote employee wellness and support our Homeless Veterans Program. The event is open to employees, Veterans, and the general public. The 2K is one of many 2Ks taking place that day. Those interested in participating should arrive anytime between 10 a.m. and 2 p.m. to visit the many health fair booths and participate in the walks.*

*There is no fee to participate but donations to our Homeless Veteran Program will be accepted that day including non-perishable food items, cleaning supplies for Veterans moving into apartments, men's underwear (new/all sizes), can openers, and all coffee supplies.*



**VA** | Central Iowa  
Health Care System

*Honoring Service. Empowering Health.*

**For more information contact [joel.meredith@va.gov](mailto:joel.meredith@va.gov) or call 515-699-5999X4420**