

# VA Central Iowa Health Care System TeleDermatology Imagers and Associated Patient Sites

**Carroll**



**Des Moines**



**Ft Dodge**



**Knoxville**



**Marshalltown**



**Mason City**



**We will assist all sites  
if help is needed.**

## For Information or Assistance

Carroll, Call (515) 862-3250

Des Moines, Call (515) 699-5999  
Extension 3250

Ft Dodge, Call (515) 802-6510

Knoxville, Call (515) 802-6121

Marshalltown, Call (515) 802-7109

Mason City, Call (515) 802-0645

TeleDermatology offers our Veterans:  
“The right care, at the right place, at  
the right time.”



**VA Central Iowa Health Care System**

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# VA Central Iowa Health Care System

## TELEDERMATOLOGY PROGRAM

Are these benign or malignant?  
Let Us Help You



## What is TeleDermatology and Why do it?

It is the assessment of possible skin diseases to assist Primary Care Providers at VA remote sites that do not have Dermatologists on staff.

## What type of skin problems can TeleDermatology assist with?

### Isolated skin lesions

- Identifying them as best as possible and determining if they are benign or malignant entities.

### Rashes

- Identifying the type of observed rash and/or recommending treatment options.

## Treatment

Recommending to the PCP how the lesion or rash should be treated or determining that treatment is unnecessary.

Biopsies will be done at the remote site or associated VA medical center.

## How it is done?

- PCP sends consult to Imager identifying areas of concern and providing a history.
- Imager takes photographs of lesion(s) or rash on the same day or by appointment.
- Imager sends consult to alert the Dermatology specialist who will review the photographs and the described historical information.
- Dermatology Reader provides diagnostic possibilities and recommends various treatments back to the PCP.

## Are There Any Limitations to TeleDermatology?

### It cannot do:

- Total body examinations
- Routine follow up of patients
- Dermatologist does not order lab tests, biopsies, etc., or call the patient.
- It is only as good as the History provided by the PCP and the Photographs taken by the Imager.

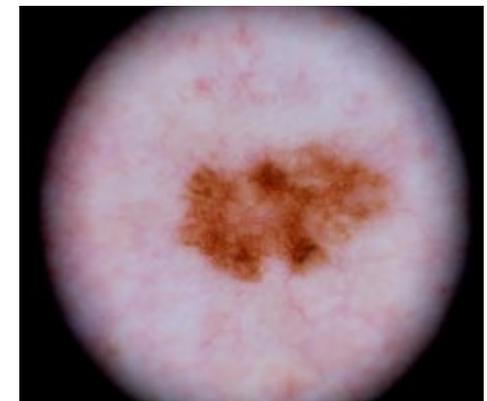
## And the answer is...



**Benign Seborrheic Keratosis**



**Malignant Melanoma**



**Dermoscope Patterns Reveal Possible Dysplastic Nevus**