

## Why a Spinal Cord Injury/Dysfunction Primary Care Clinic?

To promote health, independence, quality of life, and productivity of individuals with spinal cord injury or dysfunction (SCI/D).



## How do we do this?

The types of care provided are:  
Medical and Surgical Care  
Veteran and Family Education  
Psychological  
Social  
Vocational and Recreational

## How do you benefit?

Your needs, plans and hopes are addressed by a caring, well-trained team of professionals.

## Who is eligible?

Any veteran eligible for care at the medical center with a spinal cord injury or dysfunction is eligible for care in the SCI/D primary care clinic.



## How do I access care in the SCI/D clinic?

To enroll in the clinic please contact Heather Kerndt, LISW, Spinal Cord Injury Coordinator.

Call  
515-699-5999 or 1-800-294-8387,  
press 9 and extension 4369 or  
pager 13-457

After enrollment, make  
appointments by calling extension  
515-699-5999; ext. 9-2132

## Where is the SCI/D Primary Care Clinic?

The SCI/D primary care clinic is located on the third floor in Building 12, (Community Living Center). Turn left when getting off the elevator and continue ahead, past the nurses station – you will see a sign identifying the clinic and the Check in area (Room C-311).



## Will I see the same providers each visit?

In the primary care clinic, the same team of professionals will manage your health care.

### The Primary SCI/D Team:

SCI/D Medical Support Assistant:  
515-699-5999; ext. 9-2132  
Sara Overton

SCI/D Nurse: Ext. 9-2137  
SCI/D Social Worker: Ext. 9-4369  
Heather Kerndt, LISW

SCI/D Primary Care Provider: Ext. 9-2131  
Dr. Susan Espeland

SCI/D Therapists: 515-699-4688  
Tim Lundberg, PT, DPT  
Physical Therapist

Sarah Olson, MOT, OTR/L: Ext.4781  
Occupational Therapist

Speech therapists: 515-699-5741  
Jamie Flatness, MA, CCC-SLP  
Jodie Roesler, MA, CCC-SLP

SCI/D Dietician: Ext. 9-3201  
Codie Schneider, RD

Recreational Therapist:  
Joyce Ellens-Ext. 9-4939

For more information about enrolling in SCI Primary Care Clinic, please call:

Heather Kerndt, LISW  
SCI Coordinator  
515-699-5999 or  
1-800-294-8387  
Press 9 and  
extension 4369



## Spinal Cord Injury and Dysfunction SCI/D Primary Care Clinic



Des Moines & Knoxville  
Mason City & Ft. Dodge  
Marshalltown & Carroll

**VA Central Iowa  
Health Care System  
SCI/D Primary Care Clinic  
3600 30<sup>th</sup> Street  
Des Moines, IA 50310-5885**

**Please Call 515-699-5999;  
x9-2132  
To schedule or cancel  
appointments**

Approved by Spinal Cord Clinic