

Tentative Retreat Schedule

Wed. Sept 7, 2016

10:00am-start arriving; unpack; find bed (we cannot get into lodge until 10am, so please do not arrive earlier than that)

10:30am-Welcome and ice breaker games

11:00am-Gratitude Jars

Noon-Lunch

1:00pm-Laughter Therapy

1:30-3:30pm-Craft project

3:30-5:30pm-Archery or Scavenger Hunt

5:30pm-Dinner

7:00pm-Open Mic Night/Games

8:30pm-Whisper Walk

9:00pm or so—Campfire; s'mores; singing; instruments; ghost stories

Thurs. Sept. 8

We will provide a light breakfast in lodge for those needing something before the hike

6:30am-Morning Hike or activity (weather permitting)--optional

8:00am-Breakfast

9:00am-Wagon Ride or Scavenger Hunt or other activity

10:30-11:00am-Finish jars, wrap up

11:30am-Noon-Goodbyes, pack, clean up (must be out of the lodge by noon)

(Subject to change)