

Registration Form for 2015 Women Veterans Retreat

"Empowerment"

Camp Wesley Woods

Wed. Sept 2-Thurs. Sept 3

Name _____

Phone Number (Cell would be best if you have one) _____

Dietary Needs/Restrictions _____

(last year we had pasta, sandwiches or potato bar, salad bar, eggs/cereal-to give an example)

Optional Activities—Yes I plan on participating in the following activities (check all that apply)

- Horseback riding (each person must pay 15.00 for this—there is a minimum of 4 and maximum of 12 who can participate-first 12 to respond to Suzanne will be on the list—the camp will accept cash or check to be paid at the time of riding)
- Outdoor yoga

List any potential conflicts or other things we should know

For a game purpose, please fill out the following

1. Name 1-3 hobbies you enjoy _____

2. Name places you have traveled to

3. Name something unique, unusual or something others may not know about you _____

Registration forms are due to Suzanne Anderson (can e-mail or regular mail) no later than August 7, 2015 (we have to figure out menus, etc. and have deadlines for the Camp we must adhere to).

Suzanne Anderson 515-699-5999 x4949 for questions

E-mail is Suzanne.anderson4@va.gov

Or mail to Suzanne Anderson 117R CLC12
VA Central Iowa HCS
3600 30th St.
Des Moines, IA 50310